Mental Health Ecosystem Model of Change

The ALIVE National Centre
for Mental Health
Research Translation

Our Focus:

- Prevention across the Life Course
- Longer, Healthier Lives
- Priority Populations
- Lived-Experience
- Capacity Building
- Mental Health Care at Scale

If we:

- Implement preventive interventions in community settings to address structural, contextual and social factors impacting on mental health
- Develop tailored models of care that address unmet physical health needs with lived-experience driven approaches
- Implement Aboriginal and Torres Strait Islander community-led innovations that change service cultures, improve access and address stigma, racism and discrimination
- Embed lived-experience in the fabric of research and systems transformation
- Grow national networks for capacity building, data sharing, and support implementation and translation
- Co-design a living roadmap for national mental health research translation

This will result in:

- Increased emotional, social, community capacity for better mental health and wellbeing
- Holistic care that brings physical and mental health together for whole person care
- Improved quality in the workforce to respond to the impacts of social determinants of health
- Lived-experience informed translational research
- Tailored training, mentorship, career pathways increased capabilities
- Implementation of evidence-based models of care and community-led innovations
- Centre influence on policy, research implementation with service sectors, funding

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- Strengthened environments that protect and promote mental health
- Improved experiences of care, better outlooks and health outcomes
- Embedded cultural security, delivery of appropriate care and system responsiveness
- Future mental health research leaders across disciplines
- Lived-experience led research and leadership in the mental health research and workforce sectors
- Reduced duplication in research, data, services and funding
- Service integration and cost effectiveness

And lead to:

- Improved mental health and wellbeing across all ages and communities
- Increased service identification, access to services and economic benefits
- Integrated lived-experience knowledge and expertise in research translation and systems change
- A regenerated mental health ecosystem using co-design

And contribute to:

Our Vision

Vibrant communities that support mental health and promote wellbeing and enable people to thrive

Our Purpose

Transforming mental health and wellbeing through primary care and community action