The ALIVE National Centre Pocket Map 2023 Edition for Mental Health Research Translation



Lonely

EXPERIENCE CO-DESIGN

Our Pocket Map 2022 Edition shared the good, bad and in-between experiences (touch points) that eighty-eight consumers, consumers and carers, and carers about 52 priorities.

The SHARED strong feelings were used to prioritise what matters for the people most impacted. The order of priorities reflects the shared strong feelings from emotion mapping and the updated language from our symposium and 2022 survey.











PRIORITIES TO TARGET IN

SOCIAL DETERMINANTS

+ SOCIAL ISSUES











Impacts of

Stigma

= UPDATED priorities and renewed wording from the 2022 Lived-Experience Survey and the evaluation of Centre progress at the Annual ALIVE National Symposium 2023.

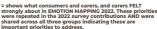
= shows what consumers and carers, and carers FELT strongly about in EMOTION MAPPING 2022. These priorities were repeated in the 2022 survey contributions AND were shared across all three groups indicating these are

POINTS OF DIFFERENCE 2022 TO 2023



Optimised

Medications





MENTAL HEALTH RESEARCH TRANSLATION PRIORITIES **AUGUST 2023**

PRIORITIES FOR

Lived-Experience in All Desearch

Rural, Regional and Remote Equity

* Prevention for Holistic Health

* Education of Professionals & Community

RESEARCH

+ Human Rights

HOLISTIC CARE AND **WAYS TO MANAGE** SIGNS AND TRIGGERS

Everyone FELT strongly about

for Mental Health Care Improvements

MENTAL HEALTH CARE IMPROVEMENT PRIORITIES



(Lived-Experience) Workforce

Priority Populations

Longer, Healthier Lives

Lived-Experience Research

207 Consumers (People with Lived-Experience of Mental III-Health) 106 Consumers and Carers (People with Both Experiences) 52 Carers (Carer, Family and Kinship Group Members)



FAMILIES PATHWAYS

Frustrated

Worn Out, Sad,

Isolated

ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE PATHWAYS

Anxious.

Afraid

365 Contributors to the ALIVE-ANU Lived-Experience Priorities 2022 Survey

THE ALIVE NATIONAL ROADMAP ORIGIN STORY ...

Our Origin Consensus Statement formed from priorities that were shared by 115 Co-Design Living **★** July 2020

Labs program members in 2020. These became Nick's Journey in the submission for the Special

Initiative in Mental Health and shaped the vision of the ALIVE National Centre.

March -October 2021 The Origin Consensus Statement set the Centre's research objectives based on co-design member priorities. These priorities were combined with the ANU ACACIA research group priority setting results from 2017. There were more than 400 priorities when combined. We organised across three topic areas: mental health research, improvements to mental health care and experiences, and the impacts of social determinants on mental ill-health. The priorities were synthesised into 52 priorities.

February -March 2022 88 people conducted emotion mapping with the 52 priorities. This identified the areas where people had shared strong feelings (whether positive or negative) about priorities. Strong shared feelings were grouped to establish five priorities in each of the topic areas. Points of difference between consumers, carers and consumer and carers were noted within priorities.

March -August 2022 We shared the Blueprint for the co-design of the ALIVE National Roadmap for Mental Health Research Translation at our first symposium in 2022. The prioritised areas and the emotion maps were used in Public Co-Design with 27 to co-create the Phase 1 Consensus Statement Short Horizon Implementation Actions.

October 2022 -February 2023

The Phase 1 Consensus Statement Short Horizon 2023 Implementation Actions was launched to guide research goals and integrated knowledge translation strategies. These directed the research activities and implementation efforts of the Centre and its networks.

March 2023 -NOW

The Annual Lived-Experience Priorities Survey 2022 analysis has confirmed the priorities that needed to be updated and where consensus remained. This has informed the renewal of wording alongside the discussions at our Annual Symposium and review of progress for the Pocket Map 2023 Edition

THE ROAD **AHEAD**

We're now undertaking Public Co-Design for the Phase 2 Consensus Statement Intermediary Horizon 2023 Implementation Actions for the Families Pathways in the Roadmap.